

# THE RED HOUR

The Hourglass Collection  
Book 1

by

Rena Aliston



The Red Hour  
The Hourglass Collection Book 1  
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First Published 2024  
by Owl-Raven Books

Cover Designed by Owl-Raven Books

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Owl-Raven Books  
[owlravenbooks.com](http://owlravenbooks.com)

Printed in the United States of America

ISBN 979-8-9896838-2-6

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# Content Warning

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This is a poetry collection with dark themes. This book may contain content that triggers some readers, including death, depression, and suicidal ideation.

For a full list of warnings, please refer to the book details page on my official website.

[renaaliston.com/the-red-hour/](http://renaaliston.com/the-red-hour/)

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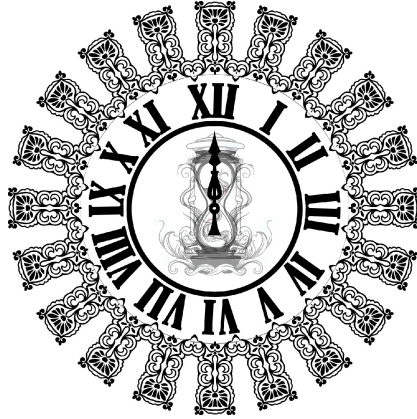
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# CHAPTER 1

## SPELLS



## Submission

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I saw the fire  
in the distance,  
not far from  
my bedroom window.  
My soul crept  
toward it as I battled  
with myself.  
Through an open  
window, my soul  
split, removing itself  
from the temple  
I created with animosity  
and madness.  
My mind is aware  
of its divergence  
but humbly submits  
to my will.

## Retreat

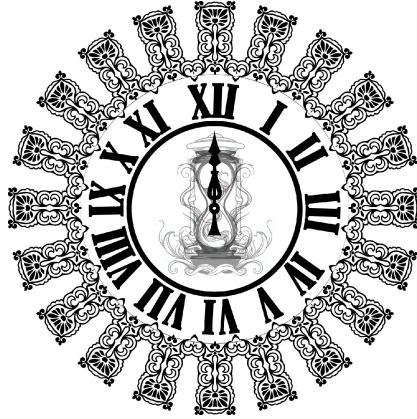
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I ventured toward the cliff.  
Temptation struck. Jump  
shouted from within,  
but my desire to survive  
the clock's madness won.  
I backed away but caught  
a glimpse of her. The one  
who lifts the veil between  
the worlds. She taunted me.  
Her charms delighted  
my ears, but I withdrew  
further within myself,  
retreating into the forest  
I tried to escape.

# Wallow

---

I wallow in my  
personal hell trying  
to decipher riddles  
I recite to myself.  
My mind is a puzzle  
that needs solved.  
My flesh is a map  
with no destination.  
I'm stranded, wandering  
between time and  
circumstance, lingering  
between deception and  
redemption. My feet  
traipse through the forest,  
trying to find its way home  
as I've given up on myself.



# CHAPTER 2

# PARABLES

## Cursed Flesh

---

Cursed flesh dances, tangos  
with deception's pleas.  
My tongue recites salacious  
tales of bodies entwined,  
burning skin, flayed carcasses,  
lacerated limbs. My desires  
writhe with illusion's grace,  
rewriting sacred hymns.

## Waves

---

I lie broken on shards  
of glass. Each piece holds  
a memory, a reflection  
of who I became  
after multiple waves  
crashed against my sanctuary.  
Shattered bones spread  
across time's map,  
my feet embrace the journey  
but my eyes refuse to seek.

## Frost

---

Frost dances with my torso,  
reimagined pain seeks tears,  
pulling my carcass deeper  
into agony's pit. My tongue  
recites yesterday's story  
while carving a new image  
into fire's design. My hands  
reach for death's timeless  
embrace as she beckons  
my soul to reclaim its power.

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## About the Author

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